



# National Women's Health Week

May 13-19, 2007

**It's Your Time!**

**Pamper Your Mind, Body, and Spirit.**

**Tuesday, May 15, 2007**

**Arizona State Capitol**

**Governor's Executive Tower**

**10:00 a.m. - 3:00 p.m.** (1st and 2nd Floor Lobby)

Free Health Screenings, blood pressure, one hour fasting glucose, depression screening, lung screening.

Mobile On-site Mammography - Call 480-967-3767 to schedule an appointment.

**12:00 p.m. - 1:00 p.m.** (2nd Floor Conference Room)

Lunch and Learn

"Surviving Stress with Self Massage", Anna Prassa, WellQuest

SEATING LIMITED - Call Marilyn Gardner at (602) 542-2846

to reserve your seat.

Visit <http://www.azdhs.gov/whweek/> for more information



*National Women's Health Week*  
**Partners**  
American Cancer Society  
American Heart Association  
American Lung Association  
Arizona Association of Community Health  
Centers - Rural/Frontier Women's Health  
Coordinating Center  
Arizona Osteoporosis Coalition  
ASU College of Nursing  
Benefit Options Wellness Program at ADOA  
Mental Health Association of Arizona  
Mobile On-site Mammography  
Southwest Naturopathic School of Medicine  
ADHS Office on Chronic Disease Prevention  
and Nutrition Services  
Office of Women's and Children's Health  
Immunization Program  
Office of Oral Health  
SunWise Program  
Tobacco Education and Prevention Program

